



955 Yonkers Avenue
Yonkers, NY 10704
Ph: 914-776-7310
Fax: 914-776-7566

www.performancerehabny.com

Patient Name: _____ Date: _____

Diagnosis: _____

Weight Bearing (if applicable): _____

_____ Treatment Plan Left to Discretion of Therapist

or

- | | | |
|----------------------|-------------------|--------------------------|
| ___ Active ROM | ___ Cold Packs | ___ Myofacial Release |
| ___ Passive ROM | ___ Hot Packs | ___ Massage |
| ___ Strengthening | ___ Ultrasound | ___ Gait training |
| ___ E-Stim/ TENS | ___ Bio-feedback | ___ Orthotic Fabrication |
| ___ Agility/Balance | ___ Iontophoresis | ___ Splint Fabrication |
| ___ Wellness/Fitness | ___ Back School | |

Frequency: _____ Duration: _____

Specific Instructions:

_____ MD DO DPM
(circle)

Dr. Name (please print): _____



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Orthopedics
McKenzie Spine
Custom Foot Orthotics
Sports
Hands (Certified)
Neurological
Wellness

Directions to Our Yonkers Office
955 Yonkers Avenue
914-776-7310 office
914-776-7566 fax



In Yonkers, we are conveniently located near the raceway/casino between Central and Kimball Ave. Beeline 7 Bus drops off right outside our door. Connect from the 20 or the 25 bus.

Insurance Participation List

1199 National Benefit Fund

Affinity - Molina

Aetna - HMO, POS & PPO (out of network)

Amerigroup

Atlantis

CIGNA - HMO, POS & PPO

Empire BC/BS (All Plans)

The Empire Plan

Emblem - All plans

GHI - (out of network)

HealthFirst—Medicare and Medicaid

HealthNet

Horizon Health Plans

Most Local Unions-32BJ

Medicare

Multiplan

NOVA Healthcare

No Fault

Oxford Health Plans (All Plans)

UMR (Formerly Pomco)

SelectPro

Tricare /Humana

United Health Care

Worker's Compensation

**Please call if you have any further questions regarding other insurance plans or procedures that might be required by each plan to fulfill the referral process.*